



Online Etiquette and Safety

- **You're on mute!** We will be asking everyone to stay on mute (and helping you to do so!) so that guest specialists and artists can be heard. Please do feel free to tap comments into the chat and we will do our best to respond to you. That said, we expect professionalism from everyone, and if we deem any behaviours offensive, inappropriate or harmful in any way via camera, microphone or in the chat, we retain the right to remove participants displaying these behaviours from the session. Please also see our Terms and Conditions for further code of conduct.
- **We encourage you to send feedback** to us via our evaluation form which will be sent to you at different points in the programme. We will also have an opt-in focus group and opportunities to share your thoughts on the private Facebook Group.
- **Your kids are welcome!** As are animals and other people. However, we cannot take responsibility for their welfare and ask you to make sure that you have enough space to move as well as being mindful of moving children, animals or other household members when you are moving.
- **Needless to say** – wear clothes you can move in, make sure you have a water bottle nearby and please clear the space as much as is feasible of any obstructions or hazards. Dance Mama and partners are not responsible for your own health and safety as you are remote participants.
- **Do I need to be 'match fit'?** No – the programme is designed so that you can interpret and modify the choreographic tasks to your range of movement, recovery/fitness level, ability and space you have available to move in – channel all your site-specific skills!
- **Do I need to have my camera on?** Nope. We would love to see some faces, but it's entirely up to you if you want to be seen, or simply enjoy engaging with us as a 'viewer-engager' rather than a 'viewed-engager'.
- **Will I get feedback?** This is unlikely due to the time available and how many people participate. This may be more possible in the full programme, but we cannot guarantee this.
- **I can't access the link – can you help me?** Please email us if you need support during a live session on hello@dancemama.org

More information on online safety in dance can be found here:

- One Dance UK: <https://www.onedanceuk.org/teaching-online-dance-classes-tips/>
- Safe in Dance International: <http://www.safeindance.com/newsletter-april-2020/>
- People Dancing: https://www.communitydance.org.uk/DB/news-and-views-2/news_and_views/risk-assessment-and-useful-resources-list